

## About Dan Prinsloo

Mr Dan Prinsloo is a Cosmetic and Reconstructive Plastic Surgeon serving North Staffordshire and Shropshire.

He first qualified in 1987 as a Medical Doctor at the University of Pretoria, South Africa, where he graduated as a Bachelor of Medicine/Bachelor of Surgery (MBChB). He was always interested in plastic and reconstructive surgery and had extensive exposure to surgical procedures even as a junior doctor. In 1989, he joined the extensive training programme in Plastic and Reconstructive Surgery at the University of Pretoria.

He qualified as a Plastic Surgeon in 1995 after completing his Master's degree in Plastic and Reconstructive Surgery (MMed Plast Surg). In the same year, he also achieved the distinction of becoming a fellow of the Royal College of Surgeons of South Africa (FCS Plast (SA)).

## Further training and experience

Mr Prinsloo was appointed as Consultant Plastic Surgeon within the NHS in South Africa (Pretoria) in 1996. He decided to gain further specialised training and experience by undertaking fellowships in some of the best plastic surgery units in the world. He received further extensive training in Taipei (Taiwan), Tokyo (Japan) and Glasgow (Scotland). He then returned to South Africa to continue his work as a consultant within the NHS as well as working as a private Cosmetic Surgeon. He moved to the UK in 1998 and in 1999 was appointed as Consultant Plastic Surgeon within the NHS in North Staffordshire (Newcastle-under-Lyme) and Shropshire (Shrewsbury).

## Expertise and special interests

Mr Prinsloo is an experienced breast surgeon and performs mainly reconstructive breast surgery within the NHS. He also provides a service in specialised head and neck skin cancer surgery, limb reconstruction and general plastic surgery. Mr. Prinsloo is a highly experienced Cosmetic Surgeon providing the full range of cosmetic procedures.

Mr. Dan Prinsloo



# Areas of Expertise

## Breast Surgery

- Breast Augmentation
- Breast Reduction
- Breast Uplift
- Breast Asymmetry
- Inverted Nipple Correction
- Breast Reconstruction

## Body Contouring

- Tummy Tuck
- Mini Tummy Tuck
- Body Lift
- Liposuction

## Facial Surgery

- Face/Neck Lift
- Mini Facelift
- Eyelid Reduction
- Eyebag Removal
- Ear Reshaping
- Nose Reshaping

## Removal of Lesions

- Moles
- Cysts
- Lumps
- Scar Improvement

# Cosmetic Surgery

to book your consultation call us on

**0844 800 4480**

or visit our website

[www.prinsloo-surgery.co.uk](http://www.prinsloo-surgery.co.uk)

## Consulting Rooms

Newcastle-under-Lyme  
Shrewsbury

GMC Specialist Register

Member of BAPRAS

Member of BAAPS

DISCLAIMER:

This leaflet is provided for general information only and is not a substitute for a professional consultation with Mr. Prinsloo.

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DJ & A Prinsloo

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# Cosmetic Surgery

CONSULTANT PLASTIC &  
RECONSTRUCTIVE SURGEON

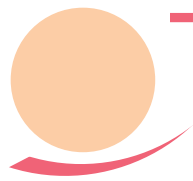
Mr. Dan Prinsloo

MBChB, MMed(Plast)FCS(Plast)

[www.prinsloo-surgery.co.uk](http://www.prinsloo-surgery.co.uk)



## Breast Enlargement



# Breast Enlargement

## (Breast Augmentation)

### Description

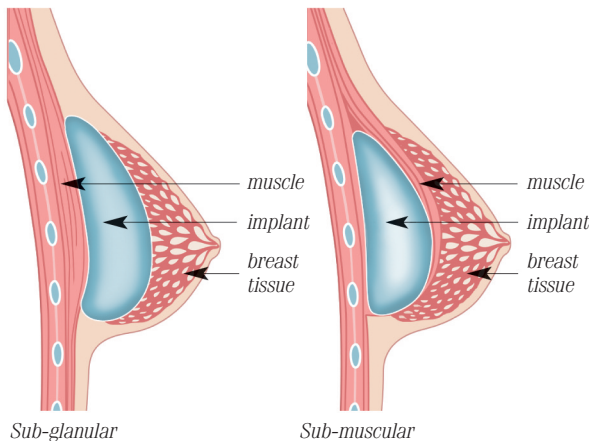
Insertion of silicone gel implant to enlarge breast size, enhance shape and/or improve asymmetry.

### Who are candidates?

- Women unhappy with their breast size and shape
- Those wishing to regain breast size or shape after childbirth
- Women with breast asymmetry

### How is it done?

Breast implants are available in a variety of types, shapes and sizes. Mr. Prinsloo will advise you on which shape of implant and method of insertion is right for you. Short incision either in the crease under the breast, around the areola or in the armpit will be used. Implants may be positioned either between the glandular tissue of the breast and the pectoral muscle (sub-glandular) or behind the muscle (sub-muscular).



### Length of surgery

One to 1½ hours, under general anaesthetic

### Hospital stay

Overnight stay

### Time to heal

- Driving is possible after first few days
- Return to work in one week
- Breasts will be tender and bruised, with swelling lasting several weeks
- Support bra to be worn for 4 weeks
- Resume normal activity in 4-6 weeks

### Risks

Bleeding, infection, visible scars, wrinkling or folding of implant (more so in skinny patients), loss of sensation, asymmetry between breasts, contraction of scar capsule around implant (5-10%) and complications related to anaesthesia. The human body reacts to the breast implant by forming scar tissue around it. Sometimes this tissue can shrink and contract (capsular contraction 5-10%), making the breast feel harder and look more rounded. Further surgery may be necessary to correct this problem.

### Duration of results

Long-lasting, though gravity and age may eventually alter breast shape and size.

### Pro's

- Improved breast shape and size
- The silicone gel implants used carry a lifetime guarantee from the manufacturer against implant failure and capsular contracture (does not include cost of surgery)
- Will still be able to breastfeed

### Con's

- Scarring underneath the breast
- Implants may make it more difficult to read mammograms
- Breast implants alone cannot lift very saggy breasts
- Breast uplift may be required

### Answers to myths

- Implants will not explode when flying
- Implants will not leak into body
- Implants will not melt in heat
- Implants will not move to a different part of body
- Implants do not increase risk of breast cancer

